



Northern St. Louis County Infant & Early Childhood Mental Health Resource Directory

Agency Name	Ages		Address	Phone	Website/Email	Primary Services
	0-5	6-18				
AEOA Relatives as Parents Program (RAP) formerly ROCK	0-5	6-12	702 3rd. Ave S. Virginia, MN 55792	218-749-2912 x276	teresa.harvey@a eoa.org	<ul style="list-style-type: none"> - Parenting Support for Relatives and Parents
American Indian Education, ISD 706	3-5	6-18	411 S. 5th Ave. Virginia, MN 55792	218-749-5437 x1949 or 1947	djoie@virginia.k 12.mn.us	<ul style="list-style-type: none"> - Education: In-School Tutoring and Support - Parent Support - Home Visits
American Indian Education Services Collaborative, ISD 712, 2142, 2154, 2711, and Northland Learning Center	0-5	6-18	1701 N. 9 th Ave. Virginia, MN 55792	218-749-8130 x1110	lgreensky@isd21 42.k12.mn.us	<ul style="list-style-type: none"> - Academic Supprt - Parent Support - Educational Advocacy - Home Visits
Arrowhead Head Start	0-5	none	702 3rd Ave. S. Virginia, MN 55792	218-749-2912 x265	judy.kelly@aeoa. org	<ul style="list-style-type: none"> - Crisis Services - Therapeutic Classrooms - Outpatient Services - Mental Health Referral - Day Treatment
Bois Forte Health & Human Services	0-5	6-18	13071 Nett Lake Rd. Nett Lake, MN 55771	218-757-0111	hlehtinen@boisf orte-nsn.gov	<ul style="list-style-type: none"> - Assessments - Parenting Support - Referrals - Outpatient Services - Telemental Health
Early Childhood Family Education (ECFE) offered at the following locations:						
Chisholm Schools ECFE	0-5	none	1000 NE 1st Ave. Chisholm, MN 55719	218-254-1438	jphaneuf@chisho lm.k12.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Family/Community Services and Support - Parent Education - Early Care and Education
Ely Schools ECFE	0-5	none	600 E. Harvey St. Ely, MN 55731	218-365-6166 x207	mmattson@ely.k 12.mn.us	<ul style="list-style-type: none"> - Early Care and Education - Parent Education
Eveleth/Gilbert ECFE	0-5	none	801 Jones St. Eveleth, MN 55734	218-744-7742	mschriber@isd21 54.k12.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Family/Community Services and Support - Parent Education - Early Care and Education
Hibbing Schools ECFE & Community Education	0-5	6-18	323 E 37th St. Greenhaven EC Hibbing, MN 55746	218-262-6205	lindarne@hibbin g.k12.mn.us sheihatc@hibbin g.k12.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Family/Community Services and Support - Parent Education - Parenting Support - Early Care and Education
Mesabi East Schools ECFE	0-5	none	601 N 1st St. W. Aurora, MN 55705	218-229-3321 x602 or 220	rsaumer@mesabi east.k12.mn.us asand@mesabie ast.k12.mn.us	<ul style="list-style-type: none"> - Screening - Assessments - Parent Education - Family Community Services - Parenting Support
Mt. Iron/Buhl ECFE	0-5	none	5529 Emerald Ave. Mt. Iron, MN 55768	218-735-8271 x2113	jphaneuf@mib.k 12.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Family/Community Services and Support - Parent Education - Early Care and Education

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(Continued) Early Childhood Family Education (ECFE) offered at the following locations:						
St. Louis County Schools ECFE	0-5	none	1701 N 9th Avenue Virginia, MN 55792	218-749-8130	dsirjord@isd214 2.k12.mn.us	<ul style="list-style-type: none"> - Parent Education - Family Activities - Early Childhood Screening/Assessments - Home Visits - Preschool
Virginia Schools ECFE	0-5	none	Parkview Learning Center 506 N 9th Avenue W Virginia, MN 55792	218-742-3805	rlicari@virginia.k 12.mn.us	<ul style="list-style-type: none"> - Family Services - Needs Assessment - Family Support - Behavior Management - Parent Education
Ely Bloomenson Community Hospital	0-5	3-18	328 W Conan Street Ely, MN 55731	218-365-3271	www.ebch.org	<ul style="list-style-type: none"> - Mental Health Referral
Essentia Health, Aurora Clinic	0-5	6-18	405 W 3rd. Ave N Aurora, MN 55705	218-229-3311	www.duluthclin ic.org	<ul style="list-style-type: none"> - Mental Health Referral
Range Mental Health Center	0-5	6-18	624 S 13th Street Virginia, MN 55792	218-749-2881	www.rangement alhealth.org	<ul style="list-style-type: none"> - Outpatient Services - Assessments - Psychiatric Consultation - Family/Community Services and Support - Crisis Services
Range Women's Advocates	0-5	6-18	301 1st Street S Suite 100 Virginia, MN 55792	218-749-5054	rangewomens@ qwestoffice.net	<ul style="list-style-type: none"> - Domestic Violence Services - Parenting Education - Home Visits - Family/Community Services and Support - Parenting Support
Sexual Assault Program of Northern St. Louis County	0-5	6-18	505 12th Ave. W Virginia, MN 55792	218-749-4725	debbie@stopsex ualviolence.org jolyn@stopsexua lviolence.org	<ul style="list-style-type: none"> - Nutrition - Speech Services - Parenting Classes - Free or Low Cost Family Activities - Licensed Daycares
St. Louis County Public Health	0-5	6-18	320 Miners Lake Dr. Ely, MN 55731	218-365-8223	shultzp@co.st- louis.mn.us	<ul style="list-style-type: none"> - Superior Babies - Nurse Family Partnerships - Follow Along Program - Public Health Family Home Visiting - Child & Teen Check-up Outreach
St. Louis County Public Health & Human Services - Public Health Division	0-5	6-18	307 1st St. S. Virginia, MN 55792	218-749-0600	samargial@co.st- louis.mn.us	<ul style="list-style-type: none"> - Public Health Family Home Visiting - Nurse Family Partnerships - Superior Babies Program - Follow Along Program - Child & Teen Check-up Outreach

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Turning Point Counseling, P.A.	3-5	6-18	Office: 519 S. River St. Mailing: 8429 Hwy 115 Cook, MN 55723	218-666-2196	dove3740@hotmail.com	<ul style="list-style-type: none"> - Diagnostic Assessment - Mental Health Referral - Parent Support - Parent Education - Pregnancy/Prenatal Counseling
Well Being Development	0-5	6-18	300 W. Conan St. Ely, MN 55731	218-365-8408	johnsoghigian@wellbeingdevelopment.org	<ul style="list-style-type: none"> - Parent Support - Parent Education
You Never Know Bereavement Service	3-5	6-15	8573 Spring Park Rd. Mountain Iron, MN 55768	218-749-2089		<ul style="list-style-type: none"> - In home counseling - Home Visits - Grief Education

Minnesota Parents Know is a resource filled with convenient and trusted child development, health, and parenting information. Minnesota Parents Know website is founded on the belief that parents are the first and most important teacher in a child's life. Parents are likely to benefit, however, from the aid and support of experts' information on child health, development, nutrition, and safety in raising strong and healthy children.

<http://parentsknow.state.mn.us/>

or call 866-693-GROW

This directory is made possible with the generous support of the Medica Foundation and the Northland Foundation in partnership with the Northern St. Louis County Early Childhood Coalitions.



About the Minnesota Early Childhood Initiative

The Northland Foundation's KIDS PLUS Program is committed to improving the well being of children and youth from birth to adulthood. In 2003, the Northland Foundation launched the Early Childhood Initiative in northeastern Minnesota. This regional effort is part of the larger statewide **Minnesota Early Childhood Initiative...A Campaign for Our Youngest Children**, which is a collaboration of the Northland Foundation and the five other Minnesota Initiative Foundations. The overall goal of the Early Childhood Initiative is to ensure young children thrive and have a healthy life of learning, achieving, and succeeding. There are 12 early childhood coalitions in northeastern Minnesota:

- Hermantown-Proctor
- Two Harbors
- Aitkin County
- Hibbing
- Silver Bay
- Ely
- Carlton County
- Quad Cities Area
- Itasca Area
- Cook County
- Mesabi East School District
- Koochiching County

What is Infant and Early Childhood Mental Health?

Infant and early childhood mental health is the developing capacity of a child from birth to age five to:

- Experience, regulate, and express emotions;
- Form close and secure interpersonal relationships; and
- Explore the environment and learn.

Infant mental health refers to how these issues affect development in the first three years of life. Early childhood mental health is synonymous with healthy social and emotional development. (www.zerotothree.org)

Infant and Early Childhood Mental Health Continuum of Care

Promotion/Prevention - Activities and opportunities available to all young children and their families, through a variety of community settings, to promote positive social and emotional development.

Early Intervention - Services for families with young children who present behavioral concerns but have not had a mental health diagnosis.

Intervention - Services for families with young children with a mental health diagnosis but who continue to function in the community with appropriate supports.

Intensive Intervention - Services for families and their young children with severe mental health issues who have difficulty functioning well in the community.

For more information about area Early Childhood Coalitions contact:

Ely and surrounding communities

Ely Early Childhood Coalition: elyearlychildhoodcoalition@yahoo.com

Hibbing

Hibbing Early Childhood Coalition: Laura Perry (218) 254-2847

Hoyt Lakes, Aurora, and Biwabik

Mesabi East Early Childhood Coalition: asand@mesabieast.k12.mn.us

Virginia, Gilbert, Eveleth, Mountain Iron, and Buhl

Quad Cities Area Early Childhood Coalition: www.quadcitiesearlychildhood.com



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(218) 723-4040 • info@northlandfdn.org • www.northlandfdn.org