



North Shore

Infant & Early Childhood Mental Health Resource Directory

Agency Name	Ages		Address	Phone	Website/Email	Services
	0-5	6-18				
AEOA - Head Start	3-5	n/a	702 3rd Ave S Two Harbors, MN 55616	218-834-8221 x8449	sferris@aeoa.org	<ul style="list-style-type: none"> - Early Childhood Education - Home Visits - Parent Support - Parent Education - Family/Community Service and Support
Bay Area Health Center	0-5	6-18	50 Outer Drive Silver Bay, MN 55614	218-226-4431		<ul style="list-style-type: none"> - Health Care - Assessments - Prenatal/Pregnancy Counseling - Screenings - Mental Health Referral
Childcare Resource and Referral	For childcare referrals		900 4 th Street SE Pine City, MN 55063	800-890-5399	ccr&r@pinetech.edu	<ul style="list-style-type: none"> - Parent Education to Choose Quality Child Care - Assist Parents Searching for Child Care
Human Development Center	0-3 3-5	6-18	629 First Avenue Two Harbors, MN 55616	218-834-5520 (Two Harbors) 218-226-3190 (Silver Bay)	ed.neimi@hdchrc.org	<ul style="list-style-type: none"> - Mental Health Referral - Family/Community Services And Support - Crisis Services - Psychiatric Consultation - Outpatient Services
Lake County Human Services	0-5	6-18	616 Third Ave Two Harbors, MN 55616 Or Lake County Service Center Silver Bay, MN 55614	218-834-8400 For Two Harbors residents 218-226-4444 For Silver Bay residents 800-450-8832 For Ely/Fall Lake Area residents 800-232-1300 After hours for Intake and Referral	vickie.thompson@co.lake.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Case Management - Crisis Services - In-Home Counseling - Family/Community Services and Support - Parenting Support - Parent Education

This directory is made possible with the generous support of the Medica Foundation and Northland Foundation in partnership with the Early Childhood Coalitions in Lake and Cook Counties.

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	0-5	6-18				
Lake County Public Health	0-5	6-18	616 Third Ave Two Harbors, MN 55616	218-834-8406 218-834-8535	Michelle.Backes-Fogelberg@co.lake.mn.us Kelsey.Olson@co.lake.mn.us sara.preston@co.lake.mn.us	<ul style="list-style-type: none"> - Mental Health Referral - Crisis Services - Family/Community Services and Support - Parent Education - Prenatal/Pregnancy Counseling - Screening/Assessments - Postpartum Visits
Lake Superior School District	0-3 3-5	6-18	1640 Highway 2 Two Harbors, MN 55616	218-834-8201, x8212	landerson@isd381.k12.mn.us	<ul style="list-style-type: none"> - Screening - Early Childhood Special Education - Parent Education - Parenting Support - Family/Community Services and Support
Lake Superior School District Community Education Preschool	3.5-5	n/a	137 Banks Blvd Silver Bay, MN 55614	218-226-4437 x8159	dblomber@isd381.k12.mn.us	<ul style="list-style-type: none"> - Early Care and Education - Parenting Support - Parenting Education - Screening - Family/Community Services and Support
Lake Superior School District Community Education Preschool	3.5-5	n/a	421 7th Street Two Harbors, MN 55616	218-834-8221 x8440	acarslon@isd381.k12.mn.us	<ul style="list-style-type: none"> - Early Care and Education - Parenting Support - Parenting Education - Screening - Family/Community Services and Support
Lake Superior School District Early Childhood Screening	3-5	up to 6 years of age	137 Banks Blvd Silver Bay, MN 55614	218-226-4437 x8158 OR 218-834-8201	klenski@isd381.k12.mn.us	<ul style="list-style-type: none"> - Screening - Family/Community Services And Support - Early Care and Education - Parenting Support - Parenting Education
Lake Superior School District ECFE - Early Childhood Family Education	birth to pre-k	n/a	137 Banks Blvd Silver Bay, MN 55614	218-226-4437 x 8158	klenski@isd381.k12.mn.us	<ul style="list-style-type: none"> - Early Education - Parent Education - Support - Referral - Connecting to Agencies
Lake Superior School District School Readiness	3-5	N/A	137 Banks Blvd Silver Bay, MN 55614	218-226-4437 x8158	klenski@isd381.k12.mn.us	<ul style="list-style-type: none"> - Home Visits - Family/Community Services And Support - Parenting Support - Parenting Education - Early Childhood Education
LakeView Clinic	0-3 3-5	6-18	1010 4th Street Two Harbors, MN 55616	218-834-7200	balm@slhduluth.com	<ul style="list-style-type: none"> - Prenatal/Pregnancy Counseling - Health Care - Screenings - Assessments - Mental Health Referral

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Lakeview Memorial Hospital	0-3 3-5	6-18	325 11th Ave Two Harbors, MN 55616	218-834-7300	lcomrie@slhduluth.com	<ul style="list-style-type: none"> - Health Care - Counseling - Assessments - Mental Health Referral - Crisis Services
Minnesota Extension Service	All ages	All ages	616 3 rd Ave Two Harbors, MN 55616	218-834-8377	Becky.Simonsen@co.lake.mn.us	<ul style="list-style-type: none"> - Parent Education - Family/Youth Programs
North Shore Collaborative	All ages	All ages	616 3 rd Ave Two Harbors, MN 55616	218-834-8538	dean.grace@co.lake.mn.us	<ul style="list-style-type: none"> - Family/Community Service and Support - Early Childhood Education - Parent Support - Parent Education - Mental Health Referral
Northern Lights Special Education Cooperative	0-3 3-5	6-21	302 14th Street Two Harbors, MN 55616	218-879-1283	mnelson@nlex.k12.mn.us	<ul style="list-style-type: none"> - Developmental Screening - Educational Evaluation - Early Intervention Services - Service Coordination - Parent Education & Support

Minnesota Parents Know is a resource filled with convenient and trusted child development, health, and parenting information. Minnesota Parents Know website is founded on the belief that parents are the first and most important teacher in a child's life. Parents are likely to benefit, however, from the aid and support of experts' information on child health, development, nutrition, and safety in raising strong and healthy children.

<http://parentsknow.state.mn.us/>

or call 866-693-GROW

About the Minnesota Early Childhood Initiative

The Northland Foundation's KIDS PLUS Program is committed to improving the well being of children and youth from birth to adulthood. In 2003, the Northland Foundation launched the Early Childhood Initiative in northeastern Minnesota. This regional effort is part of the larger statewide **Minnesota Early Childhood Initiative...A Campaign for Our Youngest Children**, which is a collaboration of the Northland Foundation and the five other Minnesota Initiative Foundations. The overall goal of the Early Childhood Initiative is to ensure young children thrive and have a healthy life of learning, achieving, and succeeding. There are 12 early childhood coalitions in northeastern Minnesota:

- Hermantown-Proctor
- Two Harbors
- Aitkin County
- Hibbing
- Silver Bay
- Ely
- Carlton County
- Quad Cities Area
- Itasca Area
- Cook County
- Mesabi East School District
- Koochiching County

What is Infant and Early Childhood Mental Health?

Infant and early childhood mental health is the developing capacity of a child from birth to age five to:

- Experience, regulate, and express emotions
- Form close and secure interpersonal relationships
- Explore the environment and learn

Infant mental health refers to how these issues affect development in the first three years of life. Early childhood mental health is synonymous with healthy social and emotional development.

(www.zerotothree.org)

Infant and Early Childhood Mental Health Continuum of Care

Promotion/Prevention - Activities and opportunities available to all young children and their families, through a variety of community settings, to promote positive social and emotional development.

Early Intervention - Services for families with young children who present behavioral concerns but have not had a mental health diagnosis.

Intervention - Services for families with young children with a mental health diagnosis but who continue to function in the community with appropriate supports.

Intensive Intervention - Services for families and their young children with severe mental health issues who have difficulty functioning well in the community.

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<http://parentsknow.state.mn.us/> or call 866-693-GROW

For more information about area Early Childhood Coalitions contact:

Cook County

Lynn Sheils
218-387-2000 x638
lsheils@isd366.k12.mn.us

Silver Bay

Kim Lenski
218-226-4437 x8158
klenski@isd381.k12.mn.us

Two Harbors

Chris Langenbrunner
218-834-8201 x8227
colafson@isd381.k12.mn.us



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