



Itasca County

Infant & Early Childhood Mental Health Resource Directory

Agency Name	Ages		Address	Phone	Website/Email	Primary Services
	0-5	6-18				
Children's Mental Health Services/ REACH	0-5	6-18	32385 US Hwy 2 West Grand Rapids, MN 55744	218-327-4886	tshroyer@cmhsr each.org	<ul style="list-style-type: none"> - Diagnostic Assessments - Individual/Group/Family Skills Training - Individual/Group/Family Therapy - Summer REACH skills training & therapy program - Trauma Focused Therapy
Grand Itasca Clinic & Hospital	0-5	6 and up	1601 Golf Course Road Grand Rapids, MN 55744	218-326-5000		<ul style="list-style-type: none"> - Health Care - Screening - Prenatal/Pregnancy Counseling - Outpatient Services - Mental Health Referral
Invest Early	0-5		820 NW 1st Ave Grand Rapids, MN 55744	218-327-5850	jreindl@isd318.org	<ul style="list-style-type: none"> - Preventative and Mental Health Referrals - Early Care & Education for ages 0-5 and their families - Parent Education - Family Development and Support
KOOTASCA Head Start	0-5		1213 SE 2nd Ave Grand Rapids, MN 55744	218-327-6718	barbf@kootasca.org	<ul style="list-style-type: none"> - Preventative and Mental Health Referrals - Early Care and Education - Parenting Support - Home Visits - Family/Community Services and Support
North Homes Adoption & Foster Care Services	0-5	6-18	1880 River Road Grand Rapids, MN 55744	218-327-3000	carmen.haugen@northhomes.org	<ul style="list-style-type: none"> - Family/Community Services and Supports - Adoption Services and Support Groups - In-home counseling - Crisis Services - Assessments
Ross Resources, LTD.	0-5	6-18	PO Box 403 Grand Rapids, MN 55744	218-328-6434	lyndaross@mchsi.com	<ul style="list-style-type: none"> - Case Management - Mental Health Referral - Home Visits - Family/Community Services and Support - Parenting Support

This directory is made possible with the generous support of the Medica Foundation and Northland Foundation in partnership with the Itasca County Early Childhood Coalition.

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Step Ahead	0-5	6-18	820 NW 1st Ave Grand Rapids, MN 55744	218-327-5753	stepahead@isd318.org	<ul style="list-style-type: none"> - Parenting Support and Education - Community Events - Promotion/Prevention
YMCA Childcare	0-5	6-12	400 River Road Grand Rapids, MN 55744	218-327-2418	jquinn@ymcaitasca.org	<ul style="list-style-type: none"> - Preventative and Mental Health Referrals - Child Care - Early Care and Education - Family/Community Events

About the Minnesota Early Childhood Initiative

The Northland Foundation's KIDS PLUS Program is committed to improving the well being of children and youth from birth to adulthood. In 2003, the Northland Foundation launched the Early Childhood Initiative in northeastern Minnesota. This regional effort is part of the larger statewide **Minnesota Early Childhood Initiative...A Campaign for Our Youngest Children**, which is a collaboration of the Northland Foundation and the five other Minnesota Initiative Foundations. The overall goal of the Early Childhood Initiative is to ensure young children thrive and have a healthy life of learning, achieving, and succeeding. There are 12 early childhood coalitions in northeastern Minnesota:

- Hermantown-Proctor
- Two Harbors
- Aitkin County
- Hibbing
- Silver Bay
- Ely
- Carlton County
- Quad Cities Area
- Itasca Area
- Cook County
- Mesabi East School District
- Koochiching County

What is Infant and Early Childhood Mental Health?

Infant and early childhood mental health is the developing capacity of a child from birth to age five to:

- Experience, regulate, and express emotions
- Form close and secure interpersonal relationships
- Explore the environment and learn

Infant mental health refers to how these issues affect development in the first three years of life. Early childhood mental health is synonymous with healthy social and emotional development.

(www.zerotothree.org)

Minnesota Parents Know is a resource filled with convenient and trusted child development, health, and parenting information. The Minnesota Parents Know website is founded on the belief that parents are the first and most important teacher in a child's life. Parents are likely to benefit, however, from the aid and support of experts' information on child health, development, nutrition, and safety in raising strong and healthy children.
<http://parentsknow.state.mn.us/> or call 866-693-GROW

Infant and Early Childhood Mental Health Continuum of Care

Promotion/Prevention - Activities and opportunities available to all young children and their families, through a variety of community settings, to promote positive social and emotional development.

Early Intervention - Services for families with young children who present behavioral concerns but have not had a mental health diagnosis.

Intervention - Services for families with young children with a mental health diagnosis but who continue to function in the community with appropriate supports.

Intensive Intervention - Services for families and their young children with severe mental health issues who have difficulty functioning well in the community.

For more information about the Early Childhood Coalition in the Itasca Area contact:

**Karen Haatvedt • 820 NW First Ave • Grand Rapids, MN 55744
218-327-5789 • khaatvedt@isd318.org • www.getlearning.org**



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